

ANCHOR LINE



Flotilla 87

Englewood, Fla.

7th Coast Guard District
www.CoastGuardEnglewood.com

Volume XLIX July/August, 2011 Number 7



.....and the rocket's red glare

PRIVACY ACT STATEMENT

Telephone numbers and addresses of members are protected by the Privacy Act of 1974. As a matter of policy, rosters of names, addresses, and telephone numbers shall not be made available to the general public or any outside organization. Privacy of all rosters shall be safeguarded and the page clearly labeled. The publication of these rosters, addresses, and telephone numbers on any computer on-line service including the Internet is prohibited by the Privacy Act of 1974.

The ANCHOR LINE is published at no expense to the government. Cost of its publication is borne by dues-paying members of Flotilla 87, a volunteer, unpaid civilian body whose mission is to assist the Coast Guard in promoting and maintaining safety on the water. Reprints or articles appearing in the ANCHOR LINE may be copied by other publications provided proper credit is given.

EDITOR and PUBLICATIONS OFFICER

Judith A. Abbott

e-mail: hejabbott6767@comcast.net



**2011 FLOTILLA 87 OFFICERS
DIVISION 8 DISTRICT 7**



Flotilla Commander	FC	Rodney D. Dimon
Flotilla Vice Cmdr.	VFC	N. Lee Waters
Member Training	FSO-MT	Anton (Tony) Durner
Public Education	FSO-PE	N. Lee Waters
Vessel Examination	FSO-VE	Gerald L. Meckenberg
Operations	FSO-OP	Wilbur R. Gray
Personnel Services	FSO-HR	Sandy Bilsky
Public Affairs	FSO-PA	David C. Nielsen
Publications	FSO-PB	Judith A. Abbott
Secretary/Records	FSO-SR	Judith A. Abbott
Finance	FSO-FN	Judith A. Abbott
Communications	FSO-CM	Gerald L. Meckenberg
Materials	FSO-MA	Joseph Scott Mayer
Information Svc	FSO-IS	Graham Leadbetter, Ph. D
Navigation System	FSO-NS	David P. Senkpiel
RBS Visitation	FSO-PV	Gregory J. Masonick
Marine Safety	FSO-MS	Robert M. Waters
Communication Svc	FSO-CS	Jack W. Rienks
Monofilament Recovery		Arthur J. "Skip" Wilson
Imm. Past Fl. Cmdr.	IPFC	Arthur J. "Skip" Wilson
Lay Leader		Judith A. Abbott
Fellowship		George J. Bazinet
Proctor		Ruth A. White
Flotilla Webmaster		Jack W. Rienks

JULY EVENTS

NO Flotilla Meetings in July

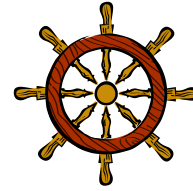
9.....Division 8 Meeting, Flotilla 84, Sarasota 9 am

AUGUST EVENTS

2.....Flotilla Staff Officers' Meeting, Lemon Bay Park 7 pm

9.....Flotilla 87 Members' Meeting, Lemon Bay Park 7 pm

FROM THE HELM: Rodney D. Dimon, Commander



Ahoy fellow shipmates!



Please give your CONGRATULATIONS to GENE KICK 1240216 who became Flotilla 87's newest member effective 16 July 2011! Welcome aboard, Gene!

June was a productive month in addition to patrols, VE activity, and watch standing. VFC and FSO-PE Lee Waters conducted another successful ABS course that included 13 students.

Additionally, it was a busy month for materials. FSO-MA Joe Mayer planned and executed a timely and successful move from one storage area to another on 25 June. Joe, with the assistance of Lee Waters, Bob Waters, Gerry Meckenberg and Tony Durner beat the heat in a coordinated move of much material. Everyone on board had a specific mission – and even better - their own hand cart. They beat the heat and got the “mission completed” within one and one half hours! Bravo Zulu Joe and team!!!!

THERE IS NO STAFF MEETING AND NO FLOTILLA MEETING IN JULY. To those who will be on patrol, performing VE activities and training – keep cool and keep hydrated during this hot weather month. There WILL BE our DIVISION MEETING on 9 July in Sarasota. All members are invited. Haven't been to a Division meeting? Try this one, especially since it will include Division, Flotilla and individual awards. I recommend it.

August includes staff meeting on 2 August and our Flotilla meeting on the 9th. A very important topic timely within our District will be discussed during this meeting. All able are encouraged to attend.

Finally, a recent change from DIRAUX Office: It is OK to report ALL EXPENSES on form 7029 that an Auxiliarist is NOT reimbursed for. The only key thing to remember is not to include the cost of fuel if you show mileage; one or the other – but not both. The CG will calculate the cost of mileage at the current mileage in effect on the report date.

See you at the Division meeting - Rod



AWARDS PHOTO GALLERY

Congratulations!

RIGHT: Graham Leadbetter receives his 1st Sustained Auxiliary Service Award from FC Dimon



ABOVE: Graham Leadbetter receives his Instructor Certificate from FC Dimon

WOW!
FABULOUS!

RIGHT: Max Muller is presented with his 8 HR TCT Certificate by FC Dimon



Photos provided by J. Abbott, FSO-PB

W. R. "Gabby" Gray, FSO-OP



All patrols were not completed for the month of May.

If you are going away for some time during the summer months **PLEASE** let me or Rod know. I would like to thank all Coxswains, Crew and Radio watch standers for taking up the slack while some of our members are on vacation and or up north for the summer. Remember too, we are in Hurricane season now.

Crew members don't forget if you have a free day and have not been called for a patrol lately get on the phone and call a Coxswain to see if you can go along. Coxswains don't forget to go over your towing equipment and the location of all your other equipment. Also Coxswains don't forget to let me or Rod know if you get a tow, so you get credit for your annual maintenance. Coxswains don't forget if you get a call-out or a tow, you have to fill out a new 4612 "SAR" incident report and send a Copy-1 CG Unit to Station Cortez within 48 hrs.

All members please don't forget to use caution when you use Stump Pass; they have not reset all of the markers yet. There is a lot of shallow water.

We are still having FUN. Keep up the good work!
"Gabby"

N. Lee Waters, VFC/FSO-PE



Our next ABS class will be Sept.10 & 17, 2011 and will be conducted at Lemon Bay Park from 0830-1230. We need for all our membership to promote this class in order for us to be able to run this class.

We are always looking for "Blue Shirts" to help out with our classes. You don't have to be an instructor to come to one of our classes; you just have to be willing to answer questions about boating and the Auxiliary. One of the best places to recruit new members for the Auxiliary is from our courses. Remember, a friendly face and a helpful manner is a good way to get people involved with our Flotilla.

Englewood Fire Department has asked us to help run a safe boating class for their personnel and we hope to run the class in August. Rather than ask any of the instructors to give up their summer time and because Ruth Ann White and I have taught the FWC boating course before, she and I will run the class.

I want to thank Jerry Meckenberg, Tony Durner, and Bob Waters for coming to help Joe Mayer and me with the move to the new storage unit. There is still more work to be done to finish the job, but, Joe and I will work on it at a later time.

Don't forget to remind your friends and neighbors to wear their life jackets when they are boating because they only work if you wear them. One of the reasons that the two men lost their lives in Boca Grande recently, is the fact that neither man was wearing a life jacket.

Guest Speaker Mr. Roger DeBruler Jr.



Mr. DeBruler gave a very interesting presentation on abandoned and derelict boats and the process involved in removing them from Charlotte County waters



ABS JUNE GRADUATES

Photos by J. Abbott, FSO-PB

Dave Nielsen, FSO-PA



Rules of the Road

When it's hot you're hot

Oh, the summer heat is here. For quite a while this spring our weather had been pleasantly warm and dry but not excessively hot. As we all know, our high temperatures lately have become consistently in the 90s and above. Unofficially, the weather station I have outside my home showed highs of 100 degrees this week.

Boaters, athletes or anyone who spends a lot of time outdoors in extreme heat needs to know what the symptoms of heat related illnesses are and how to prevent them.

Heat-related deaths and illnesses are preventable but many people still fall victim to extreme heat. A Center for Disease Control (CDC) article stated that between 1979 and 2003 excessive heat exposure caused over 8,000 deaths. During this period, more people died from extreme heat than hurricanes, lightning, tornadoes, floods and earthquakes combined.

Heat-related illness occurs when our bodies are unable to compensate and properly cool themselves. Normally, the body cools itself by sweating but sometimes sweating just is not enough. When a person's body temperature rises rapidly, the high body temperatures may damage the brain or other vital organs.

Several factors affect the body's ability to cool itself. For example in high humidity, sweat evaporates much slower preventing the body from releasing body heat. Other factors may include age, obesity, fever, dehydration, heart disease, poor circulation, sunburn and prescription drug and alcohol use.

It is very important to recognize the symptoms of heat illnesses. The warning signs include, but are not limited to, heavy sweating, paleness, muscle cramps, tiredness, weakness, dizziness, headache, nausea or vomiting and fainting. Got any of these symptoms? Get out of the sun and into an air-conditioned building soon. If you see someone with these symptoms, get them to take a water break or get them to a hospital as soon as possible.

Personally, I like to mow my lawn with a push-type lawnmower. When I feel like I cannot push it another step and the sweat is running down my face, it is time to take a water break or quit and finish another day. I know what you are thinking but I tell myself I need the exercise.

Accordingly, during hot weather or periods of strenuous exertion it is important to drink plenty of non-alcoholic beverages and keep cool. During heavy activities drink two to four glasses (16 to 32 ounces) of cool fluids per hour. You may also consider some of the popular sports drinks which replenish electrolytes and minerals. Don't drink beverages with alcohol or soft drinks with lots of sugar as these tend to speed up the loss of body fluids.

Continued

.....hot

Sometimes just sitting in the shade for a rest period can help. Air-conditioning is the preferred way to stay cool. If the air-conditioning is not working in your home, consider spending the day at a public building such as the library or shopping center. Shady parks can also help keep you cool. Some communities have “keeping cool centers”. Check with your local government if these facilities are available in your community.

Wear appropriate clothing which is lightweight, light in color and loose fitting. Consider scheduling outdoor activities around the early morning, late afternoon or evenings.

Pace yourself by starting outdoor activities slowly and then pick up the pace, especially if you are not accustomed to outdoor activities. Use the buddy system which means checking on a co-worker or companion and have them do the same for you. It is always a good idea to monitor or check on those you know who may easily be affected by high heat and summon help if necessary.

Using common sense and prevention techniques should help make your outdoor activities safe and enjoyable for everyone.

Be safe out there and I'll see you on the water.

Dave Nielsen is a safe boating instructor and vessel examiner for the Coast Guard Auxiliary, Englewood Flotilla www.coastguardenglewood.com and the Peace River Sail & Power Squadron, Punta Gorda www.puntagorda-boating.org You may contact him at dc.nielsen@hotmail.com.

Editor's Note:

Dave is a regular contributor to the SUN newspaper's WaterLine boating and fishing magazine promoting the USCG and CG AUXILIARY'S safe boating message.

